

# **DEVELOPERWEEK**...

Feb 15-17

SF Bay Area

Feb 21-23 Virtual

2023 2023

16 February 2023

# Are Your APIs Rugged?

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#### About the speaker



#### Colin Domoney Chief Technology Evangelist

DevSecOps specialist and evangelist, lifelong learner/hacker and latent developer

- VP of AppSec at Deutsche Bank
  - 20k developers, 6k app
  - Fixed over 3 million high severity flaws
  - Built global AppSec program
- Innovation manager/DevRel/Solution Architect at Veracode Inc.
  - Frequent speaker and blogger
  - Advised Fortune 100 on DevSecOps implementations
  - Advisor to Product Management team
- Independent DevSecOps consultant
- Industry analyst and advisor









#### The need for rugged software



The Rugged Manifesto

I recognize that software has become a *foundation of our modern world*. I recognize the *awesome responsibility* that comes with this foundational role.

I recognize that my code will be used in ways *I cannot anticipate*, in ways *it was not designed*, and for longer than *it was ever intended*.

I recognize that my code will be attacked by *talented and persistent adversaries* who threaten our physical, economic, and national security.

https://ruggedsoftware.org/



## Beyond secure ... becoming rugged

#### Secure

- Using transport security
- Authenticate users via standard methods
- Authorize access to: Functions Objects
- Validate input data
- Use standard methods for token exchange
- Use API gateways
- Eliminate common coding vulnerabilities

"What you do to satisfy your regulators"

#### Rugged

- Everything included by being secure !
- Use standard libraries and components
- Use defense-in-depth
- Manage your API inventory
- Manage access and abuse cases via: Rate limiting Quotas
- Restrict access via risk factors: Known bad IP addresses Common attack methods
- Attack your own APIs

#### "What you do to delight your customers"





## The need for API security

#### From the monolith to microservices



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#### It's all about the supply chain







## The age of the API mega-breach



<u>centre/media-releases/2022/09/optus-</u> <u>notifies-customers-of-cyberattack</u> T-Mobile hacked to steal data of 37 million accounts in API data breach

**Dy Sergiu Gattan** 

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<u>https://www.bleepingcomputer.com/news/security/t-</u> mobile-hacked-to-steal-data-of-37-million-accounts-in-apidata-breach/ 200 million Twitter users' email addresses allegedly leaked online

By Lawrence Abrama

Consystem Marian Mar



https://www.bleepingcomputer.com/news/security/200million-twitter-users-email-addresses-allegedly-leakedonline/



#### Every week brings a new story

#### **API Security Newsletter Archive**

#### 26 January, 23

Issue 213: Supply chain vulnerability in IBM Cloud, hardcoded API keys in Algolia portal, JSON-based SQL attacks

#### 15 January, 23

Issue 212: Remote control of vehicles, API hacking for QA teams, API Top 10 walkthrough

#### 9 December, 22

Issue 211: SQLi vulnerability in Zendesk Explore, Twitter API vulnerability, API threats to data-driven enterprises

#### 30 November, 22

Issue 210: CSRF vulnerability in F5, supply chain attacks, hacking APIs, GCP API security report

#### 17 November, 22

Issue 209: CSRF in Plesk API-enabled server, top five API security myths, Ory Hydra authentication server

#### 9 November, 22

Issue 208: Urlscan.io leaks sensitive data, Dropbox phishing attack, contract test for microservices



https://apisecurity.io/



## The root cause of API vulnerabilities ...

# <u>Human error</u> is the root cause of API vulnerabilities !

- Logic errors
- Poor design
- Coding errors
- Misuse of components/libraries
- Misconfiguration of servers
- Shortcuts
- Assumptions
- Insecure defaults
- Misunderstanding attack vectors
- Vulnerable dependencies







# Why does insecure software exist?



Happy path. In the context of **software** or information modeling, a **happy path** is a default scenario featuring no exceptional or error conditions. ... Happy path testing is a well-defined test case using known input, which executes without exception and produces an expected output.

Happy path - Wikipedia https://en.wikipedia.org/wiki/Happy\_path

About this result 🛛 🖬 Feedback













#### Fail #4: Taking a shortcut



# Fail #5: This stuff is difficult !





# Why API security is hard?

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### API security is different to web security

OWASP API Security Top 10	OWASP Top 10
API1:2019 Broken Object Level Authorization	A01:2021-Broken Access Control
API2:2019 Broken User Authentication	A02:2021-Cryptographic Failures
API3:2019 Excessive Data Exposure	A03:2021-Injection
API4:2019 Lack of Resources & Rate Limiting	A04:2021-Insecure Design
API5:2019 Broken Function Level Authorization	A05:2021-Security Misconfiguration
API6:2019 Mass Assignment	A06:2021-Vulnerable and Outdated Components
API7:2019 Security Misconfiguration	A07:2021-Identification and Authentication Failures
API8:2019 Injection	A08:2021-Software and Data Integrity Failures
API9:2019 Improper Assets Management	A09:2021-Security Logging and Monitoring Failures
API10:2019 Insufficient Logging & Monitoring	A10:2021-Server-Side Request Forgery



#### APIs are an easy target to attack

- They are easily **discoverable**
- They are well **documented**
- Attacks can be easily automated
- Excellent tools exist to automated attacks

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https://outpost24.com/blog/what-is-api-security-and-how-to-protect-them



## Your existing tools probably don't work well for APIs

- SAST wasn't designed for API-centric applications. Complex data flow paths or unsupported frameworks reduce the accuracy of a SAST analysis since the model may be incomplete or inaccurate.
- DAST lacks context of APIs. DAST tools can't provide an intelligent assessment of API security.
- SCA useful but not sufficient
- IAST complex to install and use



https://thenewstack.io/application-security-tools-are-not-up-to-the-job-of-api-security/



## Your security architectures are built to protect this ...





#### With APIs, security measures need to protect this!





#### Where does API security fit?



#	OWASP API Top 10 Vulnerabilities
1	Broken Object Level Authorization
2	Broken User Authentication
3	Excessive Data Exposure
4	Lack of Resources & Rate Limiting
5	Broken Function Level Authorization
6	Mass Assignment
7	Security Misconfiguration
8	Injection
9	Improper Assets Management
10	Insufficient Logging & Monitoring





# The unique opportunities for API security

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## **OpenAPI Specification at the heart**

- OAS forms a definitive contract for all downstream development
- OAS allows for a precise definition of request and response data types
- OAS allows operations to be tightly specified
- OAS allows security primitives to be specified
- Extensions allow for additional primitives to be included





### Use OAS as the core of a 'shift left' process





## The benefits of a positive security model

## Allowlist

VS.

- Allowed data types strong defined and enforce in OAS mode
- Data format can be precisely defined
- Operations can be fully specified too
- Only allow data conforming to specification – anything else is an error
- Only allows "known good"

# **Blocklist**

- Attempts to interpret data based on the runtime context i.e., Javascript, HTML
- Attempt to block what shouldn't be present in a given context
- Can easily be subverted with encoding, etc.
- Attempts to block "known bad"



## Building guardrails - trust, but verify

- Provide the security tooling and solutions
- Provide the **guidance** on usage
- Set the **policies and standards**
- Implement governance
- Give the developers the freedom to implement their solutions







# Getting rugged with your APIs

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## Rugged by design

- Threat model your APIs
- Think like an **attacker**
- Understand your data
  - Privacy
  - Revocation
- Understand your environments
  - Secret storage
  - Device integrity





## Rugged by implementation

- Use standard protocols
- Use standard libraries/components
  - AuthN
  - AuthZ
  - Crypto
- Validate all data
- Understand your framework/middleware
  - Disable unused paths/methods
  - Beware of defaults





nodes

755



## Verify by inspection





## Rugged at runtime

- Use your API gateway
  - Rate limiting
  - Token validation
- Integrate with SIEM/SOC
  - Threat detection
  - Bot detection
- Use Cloud protections
  - DDoS
  - Firewalls



apigee WSO2



## Input data validation

- No Trust (even for internal APIs and for East-West traffic
- Validation can happen client side, but it must happen server-side!
- Do not blindly update data from input structure
  - Apply caution when using frameworks that map directly database records to JSON objects
- Do not use the same data structures for GET and POST/PUT
- Validate Inputs

Only accept information specified in JSON schema (contract-based, allowlist approach) Reject all others.

Also validate Headers

- How to test

Send bad verbs, bad data, bad formats, out of bounds, etc.



- Never rely on client apps to filter data; instead, create various APIs depending on consumer, with just the data they need
- Take control of your JSON schemas !

Describe the data thoroughly and enforce the format at runtime

- Review and approve data returned by APIs
- Never expose tokens/sensitive/exploitable data in API responses
- Properly design error messages make sure they are not too verbose!
- Beware of GraphQL queries!

Validate fields accessed via query

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## Continuous protection - integration with Azure Sentinel

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# Our approach to API security

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#### The six pillars of API security



#### API INVENTORY

Do you understand what APIs you own? Do you track shadow and zombie APIs?

#### API DESIGN

Are you doing API-design-first? Do you incorporate security into the design phase?

#### API DEVELOPMENT

Are your developers trained to code securely? Do they understand API security threats and risks?

#### **API TESTING**

Are you doing automated API testing? Are you considering security in your test strategy?

#### API PROTECTION

Are you using API protection technology (WAFs, WAAPs, API gateways) in your deployments?

#### API GOVERNANCE

Do you control and actively monitor your API estate and environments?

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#### Shift-Left, Shield-Right





#### SECURITY MANAGEMENT & GOVERNANCE

Visibility & control of security policy enforcement throughout API lifecycle for security teams.





Complete and continuous protection for APIs throughout the SDLC. Secure by design and at runtime.





#### Learning more

APISecurity.io



https://apisecurity.io/

"Hacking APIs" - Corey Ball

## **HACKING APIs**

REAKING WEB APPLICATION PROGRAMMING INTERFACES



https://nostarch.com/hacking-apis

#### "Defending APIs against Cyber Attack" - Colin Domoney



Defending APIs against Cyber Attack

Learn the secrets of defense techniques to build secure application programming interfaces

COLIN DOMONEY

https://amzn.to/3fHp8Mz



#### eBook

#### API Security: A Blueprint for Success



- Practical Guide on an API Security program.
- Map your enterprise's API security posture against 6 key domains.
- Champion the case for API Security.

**Download here:** <u>https://42crunch.com/ebook-api-security-blueprint/</u>

#### APIsecurity.io Community Newsletter: <a href="https://apisecurity.io/">https://apisecurity.io/</a>





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#### How does an API work?





#### **API1 – BROKEN OBJECT LEVEL AUTHORIZATION**



https://apisecurity.io/encyclopedia/content/owasp/api1-broken-object-level-authorization



### **API 2: BROKEN AUTHENTICATION**



https://apisecurity.io/encyclopedia/content/owasp/api2-broken-authentication



#### **API 3: DATA/EXCEPTION LEAKAGE**



https://apisecurity.io/encyclopedia/content/owasp/api3-excessive-data-exposure



#### **API 4: RESOURCES PROTECTION/RATE LIMITING**



https://apisecurity.io/encyclopedia/content/owasp/api4-lack-of-resources-and-rate-limiting



### **API 5: BROKEN FUNCTION LEVEL AUTH**



https://apisecurity.io/encyclopedia/content/owasp/api5-broken-function-level-authorization



#### **API 6: MASS ASSIGNMENT**



https://apisecurity.io/encyclopedia/content/owasp/api6-mass-assignment



### **API 7: SECURITY MISCONFIGURATION**



https://apisecurity.io/encyclopedia/content/owasp/api7-security-misconfiguration



#### **API 8: INJECTION**



https://apisecurity.io/encyclopedia/content/owasp/api8-injection



#### **API 9: IMPROPER ASSETS MANAGEMENT**



https://apisecurity.io/encyclopedia/content/owasp/api9-improper-assets-management



## API 10: LOGGING /MONITORING



https://apisecurity.io/encyclopedia/content/owasp/api10-insufficient-logging-and-monitoring